



## **Mental Health Therapist -Hybrid**

Forward Motion Counseling Services, LLC is an online counseling center serving adults in New Jersey. FMCS specializes in clients who have experienced trauma and those who are in LGBTQ+ community. We are guided by an interpersonal theory of healing which integrates behavioral, psychodynamic, and humanistic modalities. We are committed to improving the wellbeing of both clients and clinicians. We are currently looking for enthusiastic, professional, and curious clinicians passionate about these population groups.

FMCS is based in Montclair, New Jersey. For more information about FMCS you can visit our website: [fm-counseling.com](http://fm-counseling.com)

**We are looking to fill this position in December to start in January 2026**

Expectations for this Role:

Full Time: 24 hours minimum-40 hours maximum

- A caseload of 24 clients minimum; attend in person bi-weekly supervision; and attend monthly staff meetings

Qualifications:

- Education: Master's degree in behavioral health (social work or counseling)
- Required State Licensure: NJ Licensure
- Licensure Type: LCSW, LPC, LSW, LAC

Compensation:

- W2 Employee
- LSW 1 year 45/55 split; LSW 2 year 50/50 split
- LCSW 1 year 55/45 split; LCSW 2 year 60/40 split
- No Show rate- half of no show/cancelation fee.
- Bi-Weekly Group Consultation 1.5 hours a week reimbursed at Hourly Rate. (Required for PT and FT). **This is in person.**
- Administrative Meetings (monthly)- 1 hour a month. Reimbursed at Hourly Rate (Required for Full Time Clinicians).

Benefits Offered



- PTO (Full Time Clinician)
- Medical and Dental Benefits (Full Time Clinician)
- No Show/Cancellation Reimbursement
- Professional Liability Insurance Reimbursement
- Free Weekly Clinical Supervision for Provisionally Licensed Therapists working full time.

#### Duties/Responsibilities

- Represent the business in a professional, pleasant, and cooperative manner
- Provide individual, couples, or group therapy to adults diagnosed with a variety of mental health disorders via telehealth
- Present to bi-weekly group supervision meetings in Montclair NJ
- Present to monthly administrative meetings online.
- Develop, recommend, and review treatment goals and plans with clients
- Develops measurable treatment objectives and attainable goals to address individual needs and monitors treatment goal progress.
- Prepare and maintain all required treatment documents (e.g. intake note, progress notes, and treatment plans) within 48 hours of therapy session.
- Accurately report time spent in sessions on treatment documents
- Implement treatment plans utilizing evidence-based interventions, as well as clinical measures
- Assist with appropriate referrals and linkage to community resources as needed.
- Performs other related duties as assigned.
- With client permission, record at least one client each week to use for group supervision meetings.
- Maintain Clinical License by taking the appropriate amount of CEUs and paying for license renewal fees.
- (Provisional License): Attend individual supervision meetings weekly.

#### Requirements:



- Good oral and written communication skills.
- Ability to deal professionally, courteously, and efficiently with the public and to remain calm under stress.
- Excellent organizational and time management skills with attention to detail.
- Adaptability and willingness to learn programs, such as (ie. Simple Practice EHR, Hushmail, Google Suite) within reasonable time.
- Maintain confidentiality in all aspects of client, staff and agency information when providing support.
- Ability to work independently and cooperatively in team settings.

#### Skills and Qualifications:

- Communication: effectively convey ideas and information to clients and write concise but detailed reports documenting client's progress.
- Collaboration: Work with clients to determine appropriate treatment planning and measures for identifying progress
- Compassion: Demonstrate empathy and active listening skills
- Curiosity: Interest in learning about interpersonal modalities of care and their integration with other Evidence Based Practices
- Interpersonal skills: Be able to develop and nurture good relationships with different types of people.
- Equanimity: Remain calm when working with all types of clients, including those who may be distressed or angry.
- Safety Planning: Know how to conduct safety planning and crisis interventions when necessary. Understand and implement State and Federal Laws related to mandated reporting.

#### Physical Requirement/Working Conditions:

- Sitting 80%; Standing/Walking: 20%
- Hearing: Must be able to comfortably communicate via telephone and video-conferencing software
- Near Vision: the ability to see details at close range as required for business software and operating office machines.



- Exceptional hand dexterity and typing skills to work with standard software programs.

To Apply: Send your resume and cover letter to Alex Thompson, LCSW at [athompson.forwardmotion@gmail.com](mailto:athompson.forwardmotion@gmail.com)

Cover Letter should include:

- What interests you in working at Forward Motion Counseling Services?
- What experience makes you a fit for this position?
- What therapy modalities have you practiced in the past?
- Please also include: NJ License Number and License Type (ie. LCSW, LSW, LPC, LAC)
- 2 references: Name, relation (ie. Former boss, colleague, teacher), and phone number.

Disclaimer: The statements herein are intended to describe the general nature and level of work being performed by the employee in this position. These statements are not intended to be construed as an exhaustive list of all responsibilities, duties, and skills required of a person in this position.